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"What I say unto you I say unto all, WATCH."—Jesus

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Founded in 1898 by Mary Baker Eddy,
 Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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"What I say unto you I say unto all, WATCH." Jesus

No Exceptions to God's Healing Power

AURELIO J. COLTRI

Love, God, is All; therefore there is no exception to the one infinite reality. God is omnipotent, all-good and all-loving. No matter what the evidence before the material senses may be, God is in absolute control of all. He supplies the strength, ability, and perseverance needed to overcome any difficulty quickly and permanently. Mary Baker Eddy, the Discoverer and Founder of Christian Science, says, "When man is governed by God, the ever-present Mind who understands all things, man knows that with God all things are possible."¹

The ever-operative, unchanging, guiding law of divine harmony is the Christ-power spiritualizing individual thought. When we understand this truth, our consciousness is awakened to a whole-hearted acceptance of God as totally good, without an opposite, and we know that our challenges can be met.

Error, the contradiction of Truth, may sometimes argue that

although one may have demonstrated healing in the past, a situation is really serious. Or doubt may arise about how a condition of such long duration can be healed. These are times to vigorously assert that Christian Science heals, no matter what, and that we are always within the bounds of eternal, unchanging, infinite Love. God's spiritual law enables us to demonstrate dominion over the most severe and acute conditions. Any uncertainty, any doubt held concerning the effectiveness of this law, is a belief that God is not all-knowing, all-powerful. He knows us as we truly are, supplied with all goodness; His power has already answered our prayers.

Seeking God's direction and at the same time murmuring "but" makes us vulnerable to the accepted world beliefs that there are powers apart from God controlling the universe and our lives. No matter what form these pseudo powers may assume, there is at this very instant the grandeur of omnipresent Truth expressed in perfect creation. Truth is, in reality, infinite in extent, manifesting itself brightly and spontaneously to supply all good. Truth is the only power; it is the only activity taking place; it is the only cause, including all effect.

The spiritual force of Truth dissolves what appears to human sense as real (disease, bondage, injury, or fear), leaving the Christ—the ideal Truth—as the only reality.

Christ Jesus, the master Metaphysician, proved that all discords could be healed through God's infinite power. He fed the multitude, stilled the storm, healed the sick, and raised the dead. Each one of us is given the privilege of proving this healing power for ourselves by accepting the spiritual fact that the presence of God, Truth, is available to all who earnestly seek it. Jesus said, "He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father."²

An understanding of Truth sustained Jesus in the wilderness for forty days and nights. Truth freed Paul and Silas from prison. It raised Lazarus from the tomb and divided the waters of the Red Sea.

The Hebrew leader Joshua counseled his people to remember all the good that the Lord, God, had bestowed upon them during their flight from Egypt. He advised them not to bow down to other gods, but to cleave to the Lord God of Israel. He said, "Ye know in all

your hearts and in all your souls, that not one thing hath failed of all the good things which the Lord your God spake concerning you; all are come to pass unto you, and not one thing hath failed thereof." ³

Every prayer, every sincere desire to understand the divine will of God, lifts human consciousness to a higher level of spirituality, where harmony and progress supersede uncertain human standards and modes. To reach this higher, more spiritual state it is as necessary to adhere strictly to the rules of Christian Science as it is to carefully apply the rules of mathematics to reach the right conclusion. Spiritual growth will come to every sincere student when he seeks divine guidance and holds to the rules persistently.

Exchanging worldly tendencies for Spirit's divine direction and expressing gratitude for each lesson learned will advance us to a higher level of understanding. Mrs. Eddy writes: "Remember, thou canst be brought into no condition, be it ever so severe, where Love has not been before thee and where its tender lesson is not awaiting thee. Therefore despair not nor murmur, for that which seeketh to save, to heal, and to deliver, will guide thee, if thou seekest this guidance." ⁴

There is no intermediate stance that we can take in the practice and demonstration of Christian Science. Unless we are clear and precise in our understanding of the allness and presence of Spirit, and equally clear about the nonexistence of matter, the results of our healing work may be proportionately curtailed.

If a healing appears to be delayed or if progress seems to have reached a standstill, it is well to examine our thoughts. Some deep digging may be necessary to rout out the more subtle ungodlike thoughts.

But no matter how futile our present efforts may appear, no matter how severe or tenacious the trouble may seem to be, we can at this very moment redirect our course away from the mesmeric pull of materialism to the one real, spiritual attraction—Mind. Through God's undeviating law we can solve financial and personal problems; we can overcome sickness and sin, stay free of the bonds of alcohol, drugs, and sensualism. We can acknowledge the omnipotence of God as able to free us from every adverse situation.

The solution to every problem is already known to Mind and is

available to us even before we seek it. God's work is finished; it is our duty to affirm our likeness to our Maker and to prove that the direct application of the law of God's allness to any human problem solves that problem. This divine law applies to the fulfilling of all good.

¹ *Science and Health with Key to the Scriptures*, p. 180; ² John 14:12; ³ Josh. 23:14; ⁴ *The First Church of Christ, Scientist, and Miscellany*, pp. 149-150.

A Whole Home Though a Single Parent

RICHARD A. NENNEMAN

*"Because of soaring divorce rates and a rise in illegitimacy, more and more American children—one of every seven, to be exact—now live apart from their fathers. And according to a group of women economists, the vast majority of those children have to survive without much help from their absent parent."*¹

This newspaper statement evokes the poignancy of many a distressing family situation. For whether fathers or mothers, single parents left to raise their children alone frequently have immediate needs that seem to overwhelm them.

But there is an answer for such individuals. They can turn to God in prayer. They can find guidance from the one divine Mind. They can become aware of the very presence of God, who is also divine Love, and so find the calmness that stills an overwrought consciousness and the courage to conquer depression. "The poor suffering heart needs its rightful nutriment, such as peace, patience in tribulation, and a priceless sense of the dear Father's loving-kindness,"² writes Mrs. Eddy in *Science and Health*. This nutriment is provided as one turns to the source of all true being.

Through turning to God, the single parent finds firmer ground

on which to build a home than the shifting sands of human circumstance. That firmer ground is an understanding of the spiritual nature of true home and family. Christian Science teaches us that God is the only creator, both Father and Mother, man's only parent. He is undeviating Love, who tenderly, constantly cares for His children, His household of divine ideas. Mrs. Eddy reveals that whatever God has created can never be separated from its perfect, divine source. And she writes, "If there ever was a moment when man did not express the divine perfection, then there was a moment when man did not express God, and consequently a time when Deity was unexpressed—that is, without entity."³ The inseparable relationship of all spiritual identities to God, in which not one can lose even an iota of its perfection, unites the divine family, holding it intact; and since God is All, nothing contrary to God exists to ever break it up!

But what has this to do with my dreadful situation? someone may well ask. This: that as one gains the spiritual sense of family and home, divine Truth will provide all that is right and necessary for one's human family and home and also enable one to better fulfill his or her responsibilities as a human parent.

The fact that many two-parent homes lack a good family environment shows that such an environment is not ensured by the physical presence of both husband and wife. It is only as one's sense of home and family is founded on the recognition of the presence, power, and activity of God's qualities reflected in man—such qualities as love, joy, order, and strength—that one's human home and family can begin to approach what is divinely real.

We commonly speak of ourselves and our children as having various needs. But Christian Science explains that man is not a physical being having needs but an individual spiritual consciousness reflecting the Divine and its qualities. Therefore, we and our children, as actually God's ideas, reflect these qualities, which originate in and are maintained by Mind, and do not have their source in human parents.

No parent need labor under the human burden of thinking that he or she alone must somehow make a family complete. But it is a single parent's privilege to claim that everything essential to his family's completeness is already present in the spiritual con-

sciousness of the members and therefore can be expressed now. If this fact is held to—that is, if the individual parent grows into that consciousness—there cannot be any lack, either financially or in terms of the qualities of God expressed in the home. There are no divine characteristics that are the sole possession of one sex, even though the roles each individual plays on the human scene may be sharply delineated by custom. Mrs. Eddy writes, “Both sexes should be loving, pure, tender, and strong.”⁴

To the extent that human thought accepts and utilizes the spiritual qualities that our Father-Mother God has already provided for all people, the way will open and solutions will appear. The tender scriptural story of Ruth illustrates this. Ruth returned with Naomi, her mother-in-law, to Naomi’s home country because of her love for and sense of duty to her mother-in-law. Had Ruth thought only of herself and her needs, she probably would have stayed in her own country, as Naomi advised her to do. Instead, she followed God’s leading to give what she could—in this case, her love. Long before Boaz married her, he came to notice her generosity of spirit, and said, “The Lord recompense thy work, and a full reward be given thee of the Lord God of Israel, under whose wings thou art come to trust.”⁵

A large part of the solution to any human problem comes when we stop thinking about what seem to be our needs and begin to express what is already divinely ours to share. While this course may sound unconvincing to one who has not tried it, it is basic to the demonstration of Christian Science. Always, one’s only real need is to turn thought away from the material picture of want or sickness or discord and recognize the presence of God and His Christ, the ideal man, and all that he reflects of divine substance.

When I was in my teens but not yet a student of Christian Science, I was impressed by the happiness and dominion expressed by two families in my community. The children in both families had been raised in modest circumstances without a father present. A few years later, as I came to know these families better and after I had started to study Science, I realized that both families, including the happy, active children, had achieved this dominion by their reliance upon the truths they had learned in Christian Science.

The exigencies of some human circumstances try one’s mettle.

But there is ultimately a blessing in any experience that turns one to trust more wholeheartedly in God, exchanging dependence on a set of material conditions for reliance on spiritual good. Bringing to light in one's home something of the wholeness of God's family of ideas, reflecting His spiritual qualities, will supply what is humanly best, just as in the case of Ruth. The God under whose wings we, too, can come to trust already provides abundantly for us—and our families.

¹ *The New York Times*, April 18, 1977; ² *Science and Health*, pp. 365–366; ³ *ibid.*, p. 470; ⁴ *Science and Health*, p. 57; ⁵ Ruth 2:12.

ROUND US ALL

God's little one,
they tell me you are bad—
setting fires, stealing money,
lying, kicking, screaming.

God's little one,
they tell me you're unloved—
(rejecting mother, vanished father)
worthless, homeless, lost.

God's little one,
round you are your angels, telling you the truth:
present Father, tender Mother,
guiding, guarding, caring.

God's little one,
I'll listen with you, taking heed as Jesus said.
Undespising, unjudgmental,
seeing in yours, the Father's face—

Angels round us both.

MARY ELIZABETH G. BAKER

You Are Not a Type

G. STANLEY HAMMOND

"Are you one of these?" a friend of mine was asked while in a bookstore. Someone near him was reading to him from a book that described what type of person is subject to a particular ailment.

My friend, a Christian Scientist, thought to himself: "I'm that type, why that's me exactly. I'm that age, and I meet all the other criteria." He immediately began to feel quite ill. Quickly he called a Christian Science practitioner to help rid him of what seemed to be an alarming physical condition. The practitioner pointed out two things: first, the fear that certain personal characteristics or statistics could bring on illness was a world belief and not the truth of being; second, my friend wasn't type A, B, or any other type—he was God's likeness and therefore free of any false labels or undesirable effects.

As my friend became more aware that he had been caught off base by aggressive suggestion, the mesmerism broke, and good health returned.

Questions such as, What type of person am I? What is my real nature? are answered in Science through the explanation that man is a spiritual rather than a material being. This explanation brings about healing by reminding us of man's flawless nature as God's likeness.

By prayerfully affirming our position as God's idea, we accept into our experience only what emanates from God—perfection. We don't take in such opinions of cause and effect as described in the book mentioned earlier, or the results of such thinking.

For instance, through prayer we can destroy the belief that stress from one's everyday business activity can result in bodily harm. Mrs. Eddy writes: "You do not say a wheel is fatigued; and yet the body is as material as the wheel. If it were not for what the

human mind says of the body, the body, like the inanimate wheel, would never be weary. The consciousness of Truth rests us more than hours of repose in unconsciousness.”¹

Looking at cause as mental, the Christian Scientist is able, through prayer, to guard himself against injury. As he realizes that he is the likeness of God, who is always unmovable and unchangeable, he expresses health, calmness, and control—Godlike qualities.

If we have been believing that a certain age is a time for a calamity, we can instead maintain our position as God’s likeness, realize our at-one-ment with our ever-present, ageless creator. By knowing we have always reflected God’s qualities in abundance and always will, we find ourselves fresh and free as we proceed through daily activities. Mrs. Eddy states: “Never record ages. Chronological data are no part of the vast forever.” And further along she says, “Except for the error of measuring and limiting all that is good and beautiful, man would enjoy more than three-score years and ten and still maintain his vigor, freshness, and promise.”² Putting our Leader’s counsel into daily practice helps us maintain a correct, spiritual view of our identity and to be more productive, irrespective of our age.

One who is prone to feel weighed down by the demands of spiritual growth can find rest in Mrs. Eddy’s statement, “The discoverer of Christian Science finds the path less difficult when she has the high goal always before her thoughts, than when she counts her footsteps in endeavoring to reach it.”³

Turning to the truths of the Bible, we can find much that will help free us from the sometimes contagious belief that because we are in a high-risk business or a dog-eat-dog situation, we are going to suffer. For instance, Christ Jesus’ statement, “Come unto me, all ye that labour and are heavy laden, and I will give you rest,”⁴ might be just the thought that helps us realize we are strengthened by the Christ, God’s ever-present idea, in performing our various duties. We don’t ever have to feel worn out.

We can develop the habit of questioning the source of all information about ourselves, asking, “Does it come from God—or elsewhere?” This will help us maintain a spiritual altitude of thought.

We do have choice, either to follow God's way or stray for a while in some unproductive way. As we follow God's way, our true status as His likeness becomes more evident.

When presented with aggressive suggestions that we can be typed, categorized, or stereotyped, we all, like my friend and the practitioner, can argue on the side of God, good, and win our case.

¹ *Science and Health*, p. 218; ² *ibid.*, p. 246; ³ *ibid.*, p. 426; ⁴ Matt. 11:28.

[Original in Spanish]

"Your joy no man taketh from you"

IRENE HOLLAND GRIECO

Recognizing that man has eternal refuge in Soul, Jesus said, "Your joy no man taketh from you."¹

Joy is as natural to the real man, to the man created in the likeness of God, as perfume is to flowers. Joy harmonizes and beautifies life, giving it warmth and radiance. Joy is a quality of Soul, which spiritual man possesses as Soul's reflection. It isn't something that is acquired from outside of ourselves; it doesn't depend on any person, circumstance, place, or thing; it is something that develops from within the heart.

Christian Science teaches us that the real man is not subject to sudden changes from joy to depression, nor is he the sport of random circumstance, because he is always in his right place—in the eternal Mind—always reflecting his beloved Father-Mother God. This new understanding transforms human experience, and with it comes an expression of joy that constantly remains.

At one time I received a flower bulb as a gift, with the statement that it would produce a flower if I put it in water. When in due time two flowers exquisitely beautiful in color, form, and outline

appeared, Jesus' words came to my thought: "The kingdom of God is within you" ²—that is, joy was and is in us, in our consciousness, and has to be expressed in tender, loving acts, in the same way that the beauty was in the bulb and had only to be brought to light.

We have only to yield our will to the Christ, the immortal idea of divine Love, putting off false desires, selfishness, hardness of heart, and other baggage of accumulated errors that obstruct our path Spiritward. To mortal sense everything seems to be outside of us. Our health seems to be dependent on a material body, our happiness on a person, our supply on a job. To spiritual sense, however, man is the perfect idea of Spirit and his health, happiness, and supply are God-bestowed. Still, the human sense of what is divinely true has to be cultivated and improved. Like the beauty of the flower that burst from the unattractive bulb, so our expression of joy can beautify and bless our home and environment.

The human concept of man who seems to begin with birth and end in death claims that joy and happiness are contingent on certain circumstances: family, education, marriage, chance, luck, social standing, wealth, and so forth. But that isn't so. Joy and happiness are qualities forever bestowed on man by his divine Principle, and they are obtained through spiritualization of thought.

Humanly speaking, joy must be earned. Many times it is the reward of a long, sincere struggle to overcome through the Science of Christ the stigma of a temper or bad disposition, or the anguish of temptation and depraved appetites. Many times it requires uncovering and putting off unpleasant family traits and limitations, such as shyness, lack of eloquence, an inferiority or superiority complex, as well as also overcoming fear of loneliness, age, or failure, or anxiety over a mistaken past that needs to be redeemed.

Many years ago there was a popular song that prodded people to look for the bluebird of happiness in their own backyard. After a fruitless search for happiness in all but the right direction, after many struggles and troubles, how many of us find a measure of happiness in the simple things in life—in doing our duty to our neighbor and in a sense of gratitude for the activities we carry out daily for our own and our neighbor's good.

Only sin separates the individual from God, and therefore from his spiritual joy. The suffering caused by wrong thinking or wrong acting sooner or later forces us to find consolation at the feet of Christ, Truth. "Restore unto me the joy of thy salvation; and uphold me with thy free spirit," ³ exclaimed the Psalmist.

Deep remorse and repentance for our mistakes, or deep sorrow for the loss of a loved one, or the failure of our most precious human desires, bring great lessons, which, if we profit by them, can only make our joy deeper and more real. Mrs. Eddy writes: "Sorrow has its reward. It never leaves us where it found us. The furnace separates the gold from the dross that the precious metal may be graven with the image of God." ⁴

Joy is not superficial, brought about by amusement, or by trivial thinking, or through the pleasure of the senses, because such joy has its roots in dust. But true joy has its roots embedded in Soul, and its substance is unchangeable and indestructible. Just as the perfume of flowers sweetly spreads to all who are in their vicinity, so the conscious joy of man's true being, when expressed, imparts happiness and uplifts the hearts of all within its radius.

This spontaneous expression of joy makes every right effort possible. Life suddenly has new meaning, and its possessor sees the infinite possibilities of a new life, illuminated by the Christ and consecrated to God. Endued with greater spiritual power, one feels capable of fearlessly facing and defeating the common ills that attack the daily life of many people, and severer trials, even death itself. Joy is strength for humanity's heavy heart. It is a fountain of vitality and purity.

Mrs. Eddy tells us: "Soul has infinite resources with which to bless mankind, and happiness would be more readily attained and would be more secure in our keeping, if sought in Soul. Higher enjoyments alone can satisfy the cravings of immortal man." ⁵

¹ John 16:22; ² Luke 17:21; ³ Ps. 51:12; ⁴ *Science and Health*, pp. 66-67; ⁵ *ibid.*, pp. 60-61.

Truth in the Space Age

GEORGIANA LIEDER LAHR

The planet Mars in our living room on the television screen! Pictures sent from that planet millions of miles away in space, received on earth in minutes. Unbelievable but true, a marvel of the space age.

Time and physical space are mortal concepts. Man is the inseparable reflection of God, and God is omnipresent. Therefore man, God's reflection, is as present as God is. We witness the effects of the world's glimpse of this spiritual fact as we see astronauts circling the entire globe within ninety minutes and men walking on the moon. On the fastest planes we can be anywhere on the face of this planet within twenty-four hours. Doesn't all this hint at the truth of man's omnipresence as God's reflection?

Here a clear line needs to be drawn between man, living in God's harmonious universe as the perfect reflection of God, and the mortal belief of a human being in a material universe, burdened with the woes of a discordant world. Defining man in the Christian Science textbook, *Science and Health*, Mrs. Eddy writes: "MAN. The compound idea of infinite Spirit; the spiritual image and likeness of God; the full representation of Mind."¹

Inventors, artists, writers, and musicians, as well as people in other walks of life, have spoken of sudden inspiration, which has come to them like an influx of light. They often give credit to a power outside themselves—sometimes explicitly to God. They feel their greatest work was accomplished when this inspiration and light flooded consciousness. Light travels at the speed of 186,000 miles per second. This is a fact of physics. But the light of God—the spiritual illumination of Truth—is omnipresent and fills all space. It does not need to travel anywhere, for God's light is already here *and* there. Mrs. Eddy writes, "The rays of infinite Truth, when

gathered into the focus of ideas, bring light instantaneously, whereas a thousand years of human doctrines, hypotheses, and vague conjectures emit no such effulgence.”²

Our space age abounds in new inventions, new technologies, new insights into what appears as the physical universe. Truth is the leaven at work, bringing recognition on the human scene of all the wonders of God, divine Mind, which are always present but need to be discovered, proved, and demonstrated. Periods of inspiration and light come to us as we empty thought of the false beliefs of limitation, disease, and discord, and dwell upon God’s spiritual, perfect universe. It is in these periods that we can clearly hear God’s direction, and, knowing ourselves as God’s ideas, we can prove that we reflect His wisdom.

Actually, it is a false belief of limitation that would bind us with a sense of “It can’t be done!” But as each of us realizes that, in truth, he reflects the infinitude of limitless Mind, barriers of human finiteness will be broken, and the limitless range of man’s possibilities will appear to a greater degree on the human scene. Christ Jesus gave this promise to his disciples: “If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.”³

Jesus proved that man has no limitations when he walked on the water, fed the multitude with a few loaves and fishes, healed disease and sin, and raised the dead. The Master spent many hours alone in prayer, and after such periods, returned to the multitudes to teach and heal.

In order to abide steadfastly in Truth, we, too, need periods of prayerful communion with God. The material world with its discords and problems of limitation clamors to be heard. Our age is fast-moving and at times very noisy. We live in Truth; but to be aware of this spiritual fact constantly we must do what Christ Jesus advised when he said, “But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.”⁴ In this quiet sanctuary of God, we can deny every false belief of darkness and limitation.

What wonders of thought and action can unfold for us when we become certain that in our true being we reflect the infinitude of God's wisdom, beauty, activity, and law!

Truth is ever present, but we have to know it, prove it, and abide in it. Only the false beliefs of the material world would tell us we dwell in darkness in a limited, troubled world. As we bring our thought obediently into conformity with Christ, Truth, and live in accord with Truth, we immediately bring our lives in contact with the power of Truth. One of the hymns in the *Christian Science Hymnal* gives this thought:

In dark and hidden places
There shines the blessed light;
The beam of Truth displaces
The darkness of the night.⁵

As we live and demonstrate Christ, Truth, we find our thinking becoming more spontaneous and original, our wisdom in coping with difficulties deeper and more effective, our sense of timing for our activities more accurate and sure, and our awareness of the beauty in our universe keener and more gratifying. Although at this stage of our spiritual development we do not walk on the water, we can know that, as people everywhere live and practice Christ, Truth, all good becomes possible. Humanity has progressed far in invention and technology. The greater challenge is here and now—to demonstrate infinite Truth and our divine birthright of dominion.

¹ *Science and Health*, p. 591; ² *ibid.*, p. 504; ³ Matt. 17:20; ⁴ 6:6;
⁵ *Hymnal*, No. 2.

*The Lord is the portion of mine inheritance
and of my cup: thou maintainest my lot. . . .
I will bless the Lord, who hath given me
counsel I have set the Lord always
before me: because he is at my right
hand, I shall not be moved.*

Psalms 16:5, 7, 8

The Ladder

GRETI ZBINDEN

Sometimes it seems as if we need a ladder in order to climb to a more spiritual consciousness that allows us to discern our unity with God. Such was the ladder that Jacob, the unruly patriarch, saw in a dream: "the top of it reached to heaven: and behold the angels of God ascending and descending on it."¹ In the years that followed, these "angels" changed his whole life.

Through the working of revealed Truth, we too can become aware of the great possibilities that await us when we are prepared to discern God's messages. Still, it may not always seem easy to give up recurring mortal fears, limitations, and the beliefs of inadequacy and failure. What can help us take the first steps up the ladder to a higher consciousness of life? The path for each person is an individual path. There is no set way or formula.

For me, the first rung could be called an inner stillness, a deeply anchored calm, a peace rooted in incontestable truth—constantly at work in us, whether we are aware of it or not. But, mortal mind may argue, how is this desirable inner stillness gained when there are so many influences from outside and inside to rob us of our stability? How can we remain calm in the midst of challenges and in view of the world's unrest? The Bible gives a very valuable hint. We read in Psalms, "Be still, and know that I am God."²

Unbiased, quiet study of the inspiring Word of the Bible, especially the teachings of Christ Jesus, and of the writings of Mrs. Eddy, who discovered Christian Science, can help disengage us from disturbing mental pictures and establish the inner stillness we need. It is important to approach the Bible and Mrs. Eddy's writings with childlike confidence, with an attitude that is free from the arrogance sometimes associated with intellectualism. As we allow the holy Word to penetrate and fill our thoughts, we can

experience right where we are today the verity of Mrs. Eddy's words in *Science and Health*, "The calm and exalted thought or spiritual apprehension is at peace."³ This peaceful state of thought can help lead us to the second step on the ladder, a joy that may have been unknown before.

Pure joy is often a feeling of warmth for which we have no human explanation. Such joy has no element of emotion, no euphoric touch. Feelings based solely upon emotion cannot last. The joy of God is not dependent on fulfilled desires of human ambition or the coming to pass of what we have long wished for. Joy, that glorious quality of our Father-Mother God, is constant, serene, and lasting. It includes deep satisfaction and a consciousness of God's presence. When our sense of a personal, delicately organized ego has given way to unreserved acknowledgment that the only God is All, we begin to feel new joy and love. And this state of thought prepares us to mount the next rung of the ladder. For me, it was gratitude.

Gratitude grows within us out of a deep and sincere appreciation of God's great goodness. We should carefully cultivate our capacity to be grateful and watch that this activity of counting our numerous blessings does not come to a standstill, that it does not stagnate. As long as joy and gratitude are alive in us, we are fruitful, ready for new tasks, and eager to go forward.

Many years ago a friend gave me a copy of the Christian Science textbook, *Science and Health*. Neither the giver nor I was aware of what kind of book it really was. We only knew that its content had comfort for the sorrowing. The book was laid on a sideboard and left there for many months. My mental state was far too discordant, too much in rebellion and bitterness, for me to read this book immediately. After a long period of unhappy experiences, from which I saw no relief, in despair I looked for a ladder that, if I was willing to step on it, would bring me to a new outlook on life. I gradually gave up stubborn reluctance and sporadically did some reading. And the undeniable truth of what I read showed me the ladder I needed and how to start with the first three rungs: inner stillness, God-given joy, and gratitude.

The textbook of Christian Science has changed my life completely. It became my friend, my teacher, my counselor in all

situations. Mrs. Eddy says: "Willingness to become as a little child and to leave the old for the new, renders thought receptive of the advanced idea. Gladness to leave the false landmarks and joy to see them disappear,—this disposition helps to precipitate the ultimate harmony."⁴

¹ Gen. 28:12; ² Ps. 46:10; ³ *Science and Health*, p. 506; ⁴ *ibid.*, pp. 323–324.

What We Most Need

CORINNE M. IVEY

Christ Jesus spoke plainly and directly when, in the Sermon on the Mount, he counseled against thinking anxiously about the human body and material needs. He gave affirmative spiritual direction in these words: "Seek ye first the kingdom of God, and his righteousness,"¹ to which he added the promise that all needed things would follow this right seeking.

Through his healing works Jesus verified the practicality of seeking first the kingdom of God, Truth, in one's thought and living. He knew that the need of mankind is not what people imagine it to be. Matter is commonly regarded as both cause and effect, and we suffer from accepting and acting upon that erroneous assumption. Jesus applied the law of divine Love, of Spirit's allness, in meeting the human need for health and protection from harm.

Mrs. Eddy says, "What we most need is the prayer of fervent desire for growth in grace, expressed in patience, meekness, love, and good deeds."² Finite, personal sense may argue that to be patient, to be meek, to love, or to do good is not always an easy task. But spiritual sense assures us that grace comes naturally, spontaneously, effortlessly, because man is the child of God.

We may feel our great need is for a physical healing. Christian

Science shows us that what we most need is to become closer to God, divine Love, who is the source and supplier of health, strength, harmonious activity, freedom, and eternal life.

True being is the reflection of God, the Supreme Being, the only good. God, divine Mind, possesses all, and all that is real is spiritual and good. Love of good, greater kindness, compassion, humility, integrity, and patience are what we most need. As we fulfill these needs, we are lifted out of poverty, poor health, personal relationship troubles.

The Bible tells us that in a dream the Lord said to King Solomon, "Ask what I shall give thee." Solomon replied, "I am but a little child: I know not how to go out or come in. . . . Give therefore thy servant an understanding heart to judge thy people, that I may discern between good and bad." God granted Solomon not only "a wise and an understanding heart" but also that which he had not asked for, "both riches, and honour."³ Our primary need is to establish a spiritual understanding of the presence and power of God, Spirit.

Should what we require appear to be useful, satisfying employment or sufficient funds, we can prove that the rule laid down by Jesus is applicable to this situation as to any other. If, lacking companionship, we are tempted with self-pity, believing we are deprived of something needed to make us happy, we might examine our thought to ascertain if a selfish motive is hindering us. Happiness is realized as we cultivate a deep, dominant desire for growth in grace and spiritual understanding; as we evidence that desire by being patient, forgiving, humble, cheerful, and loving in thought and speech, in our attitude and actions.

A Christian Scientist once found that although leading a full and active life she was lonely. She began to examine her concept of all her relationships. Through study of the Bible and Mrs. Eddy's writings and through earnest prayer, she found herself able gradually to lay aside the false sense of personal possession of goodness and companionship. Her problem completely faded away, and her life was enriched with a deeper and more satisfying expression of love and fulfillment. Divine Love fulfills every human need abundantly.

When Paul prayed for healing of a physical difficulty, the Lord said unto him, "My grace is sufficient for thee."⁴ Love's abun-

dance pours out the riches of wisdom, ability, health, and we find in reality we have no wants or unfulfilled needs. Mrs. Eddy declares, "All is infinite Mind and its infinite manifestation, for God is All-in-all." ⁵

We reflect the divine qualities that fulfill every obligation and meet every seeming need. Anyone who seeks first an understanding of God can prove that the man of God's creation has never been sick or sad or in need.

¹ Matt. 6:33; ² *Science and Health*, p. 4; ³ See I Kings 3:5-13; ⁴ II Cor. 12:9; ⁵ *Science and Health*, p. 468.

MY WAY?

"He maketh my way perfect"—
that's what David said.

My way or my way?

Certainly *my way* is only
perfect as it is *His way*,
my sense of direction perfect
Only as I follow Him.

So

if I desire my choices,
my plans, my life,
to be perfect,
I have an obligation
to follow Him,
obey my highest sense of right
Ask!

Listen,
follow,
rejoice!

He makes my *way* perfect.

LONA INGWERSON



Stick to the Facts

Susan Jane Huth

Fifth grade was an exciting year for Jim. He had so many new subjects, his favorite dealing with various sciences. Students were able to conduct lab experiments with the help of the teacher. Jim learned the importance of staying with only the facts and not being swayed by anything else. The teacher explained why you shouldn't mix anything but the pure ingredients to get the proper solution. She showed the class how a solution would be spoiled if they used a dirty test tube, for example. Jim really loved seeing the perfect results of his work.

One evening just after Jim had gone to bed, he found he couldn't move one leg without a lot of pain. So he told his mother he wanted a Christian Science practitioner to pray for him. The practitioner

asked that Jim and his mother, together, study "the scientific statement of being"¹ by Mrs. Eddy.

Jim had heard this read at the close of Sunday School each week. Now here was his chance to see if he really understood it.

His mother suggested they look at Jim's difficulty as a couple of laboratory scientists would, using only the facts. The facts in this case were the truths he learned from "the scientific statement of being."

First, Jim knew he should start with the facts of his spiritual being and not be swayed by what seemed to be. Jim's mother began reading the first line, "There is no life, truth, intelligence, nor substance in matter."

Jim stopped and thought, "How can my body tell me it hurts? It can't talk!"

Mother continued reading, "All is infinite Mind and its infinite manifestation, for God is All-in-all."

Jim and his mother thought about God's allness and realized there couldn't be any room for fear or pain in man's consciousness of his being. They reasoned logically, just as in the science lab at school.

Together they continued reading from *Science and Health*: "Spirit is immortal Truth; matter is mortal error. Spirit is the real and eternal; matter is the unreal and temporal. Spirit is God, and man is His image and likeness."

Jim thought about these statements and knew that they must be true of him. As God's image and likeness, he had to be perfect. Then his mother closed the book, and they repeated the line, "Therefore man is not material; he is spiritual."

By this time, Jim had begun to understand himself as spiritual. He had reasoned from the facts, and now he was ready to prove the truth in his own experience. He knew he was spiritual and perfect. He wouldn't listen to matter's lies. With that, Jim jumped up and walked to his room. The lie of pain was gone. He hopped into bed and went right to sleep.

The next day in science class Jim remembered how he had proved Christian Science scientifically. He could hardly wait to share with his Sunday School class how he had proved that matter can't talk.

¹ See *Science and Health*, p. 468.

Editorials



GEOFFREY J. BARRATT
Editor

NAOMI PRICE
Associate Editor

NATHAN A. TALBOT
Associate Editor

Government by God—Not Stars

After a brief commentary on the stormy weather, a young man in the elevator said comfortingly, “But the stars are favorable today!” The response came quickly from another passenger, “Who cares?” Still the young man was not put off. “Watch it,” he said. “The stars are all-powerful.” “Indeed they are not,” replied the other. “God is all-powerful, and He has given man dominion. The stars and man are under God’s government.” She was thinking of the statement in the Bible that says God crowned man “with glory and honour” and “put all things under his feet.”¹

According to a recent Gallup Poll, one American in five expresses belief in astrology. Probably many more, from curiosity or for fun, make a fairly consistent habit of reading the syndicated horoscopes appearing in their newspapers. What effect does this have on the human lives and actions of the nation and the world? It may be serious. If a minimum of forty million people of one country look to the stars for guidance and believe astrological predictions enough to act in accordance with them, the probability is that millions more are also unknowingly to some extent thereby influenced.

With these facts in mind, many thinking people believe that the commonly tolerant attitude toward popular astrology—dictated by the feeling that it is merely harmless fantasy, not to be taken seriously—should be hardened and replaced by enlightened resistance to its subtle influence, just as it was advised by the prophet centuries ago. The Bible tells us that in ancient times the great city of Babylon was renowned for astrology and magic, yet despite the claims of the practitioners of the occult arts the city was destroyed. The prophet

spoke of the all-power of God and the divine judgment against the wickedness of the city, saying, "Let now the astrologers, the star-gazers, the monthly prognosticators, stand up, and save thee from these things that shall come upon thee."² But history shows that they could not.

In this age, the great Leader of Christian Science, Mary Baker Eddy, warns humanity in her book *Science and Health with Key to the Scriptures*, "The planets have no more power over man than over his Maker, since God governs the universe; but man, reflecting God's power, has dominion over all the earth and its hosts."³ And farther on in the same chapter Mrs. Eddy says, "Christian Science goes to the bottom of mental action, and reveals the theodicy which indicates the rightness of all divine action, as the emanation of divine Mind, and the consequent wrongness of the opposite so-called action,—evil, occultism, necromancy, mesmerism, animal magnetism, hypnotism."⁴

The universe, including man, was created by God, eternal Mind, the infinite Principle of all that really exists. God's creations are emanations of His sublime being, reflecting His perfect substance of spiritual qualities and ideas. These creations are never separated from Him, and they move as directed by His wisdom under divine law. Paul, the devoted follower of Christ Jesus, described Deity to the Athenians as "Lord of heaven and earth" and said, "In him we live, and move, and have our being; . . . For we are also his offspring."⁵

Offspring of the Supreme Ruler of both heaven and earth! That is what we truly are—children of the one God, of whom the Bible says, "He doeth according to his will in the army of heaven, and among the inhabitants of the earth: and none can stay his hand, or say unto him, What doest thou?"⁶

No good can come of ignoring these revelations of Scripture and of Christian Science, for they are statements of truth. God is divine Love, the one governing Principle of the universe. His laws are paramount—the only laws that actually exist—and they ensure harmony for all His creations. But mortals should beware of denying God's government and of setting up and honoring in their false belief a supposed system of laws or prophecies apart from the divine will. Such laws and prophecies—whether promising harmful or

beneficial consequences—are imaginary, existing only as fabrications of the carnal mind. Those who accept them as having authority may find themselves suffering or benefiting from them—but only in belief.

In mortal existence the beliefs that people entertain can be self-fulfilling. A dreamer may outline in his dream the circumstances that he believes are liable to occur—such as the fulfillment of the astrologers' prophecies. These will not be actual but they may seem to the dreamer to be so and may cause pleasure or suffering in his dream until he awakes. Similarly, the whole experience of material living is illusion. In fact man is spiritual and forever harmoniously governed by God's laws.

The demand of the divine creator, God, is that we have no other power or law than His. We are wise to acquiesce and trust Him who created all that truly exists, and who gave His offspring, man, dominion over both heaven and earth. Obedience will ensure for us consistent daily unfoldment of good, no matter what may be the position of the stars.

NAOMI PRICE

¹ Ps. 8:5, 6; ² Isa. 47:13; ³ *Science and Health*, p. 102; ⁴ *ibid.*, p. 104; ⁵ Acts 17:24, 28; ⁶ Dan. 4:35.

Is the World Coming to an End?

It all depends on how one defines his world. In the measure he perceives creation to be fundamentally spiritual, his world comes into clearer and sharper focus and grows more stable and secure. On the other hand, to the degree one views his world as a mass of matter sustaining life and substance, that world must be outgrown.

Mistaken beliefs are coming to an end. The real world—the creation established by God, Spirit—is endless. If we are viewing His creation inaccurately, however, our distorted concepts inevitably dissolve as spiritual facts are brought to light.

If we view our world as threatening and having the capacity to overcome us, we may feel somewhat like the disciple Ananias in the

days of Saul. With his threats and persecutions, Saul may have almost represented to Ananias and the other disciples the end of their world. But Saul was transformed. False and fearful views of him dissolved. If Saul came to an end, it was only to become Paul. What Ananias had feared went through a transforming process and actually became a support.

No one needs to be intimidated or afraid of signs presumed to indicate an approaching end of the world. We can gain a measure of dominion over our relationship to the world and its disruptions. What enables us to feel an inner assurance, a security and certainty in the face of what many sense as unknown and fearful?

Quiet and calm conviction rests upon an entirely fresh approach to understanding who God is and what man's place is in His creation. When God is discerned to be Love itself, we can understand Love's presence to be total. It exists without exception. Not a moment occurs outside its allness. We can insist—prayerfully and faithfully—upon Love's completeness. We can yield to that eternal and unchangeable fact.

If Love is ever present, the only power, the very substance of existence—and this is a fact—then it is natural for man to feel secure. Because Love is the unchanging reality of being, the real man never has had nor will he ever have anything to fear. The Bible reminds us, "There is no fear in love; but perfect love casteth out fear."¹ As each of us grows in an awareness of our divine and eternal selfhood—our spiritually complete identity—we lose our human fears, doubts, and uncertainties.

Those who are afraid that their world, with all of its difficulties, is in some drastic way going to finally overcome them can look to the solution Christ Jesus provided. He said, "Be of good cheer; I have overcome the world."² He set the example. He showed how each of us can and ultimately must overcome the world rather than carry an expectancy that it will overcome us. And he indicated that we could go about the job with good cheer.

Something is coming to an end, but it is not the world. It is a *distorted concept* of the world. Most of us, in some degree, assume creation to be constituted of matter, and we suppose that matter sustains life and substance. That is a false assumption. True creation is the allness of Spirit, and Spirit is Love.

Those who cling to the belief of life in matter will find such a world, sooner or later, in an upheaval. But this upheaval is simply evidence of the unstable and temporary nature of erring mortal concepts. Those who recognize divine Love to be the only source of being will find their world, spiritual reality, clarified. They will recognize that the only thing coming to an end is error, the false mortal beliefs about Love's unchanging, perfect creation. Their world will stay firm and steady and will finally prove itself to be the only real creation—the only genuine fact of being.

Mrs. Eddy writes: "The breaking up of material beliefs may seem to be famine and pestilence, want and woe, sin, sickness, and death, which assume new phases until their nothingness appears. These disturbances will continue until the end of error, when all discord will be swallowed up in spiritual Truth."³

Some expect an approaching end to be accompanied by a return of the personal Jesus to save those who have been faithful. Christian Science brings the good news that the Christ is present now, revealing itself to human consciousness. It wholeheartedly accepts the promise of the Christ: "Lo, I am with you always, even unto the end of the world."⁴

The Christ has not returned in the form of a person but comes to the receptive heart as the true idea of God, comforting and healing mankind. It reveals to us the presence of Love's whole and perfect creation. It brings into focus the creation of Love's making. The Christ, Truth, saves us, not from an awful breaking up of God's creation, but from the false belief that divine Love ever put man into matter and subjected him to discord and suffering. The Christ awakens consciousness to the fact that spiritual reality is permanently whole and intact.

As we allow this holy truth to dawn upon consciousness, we will find ourselves not the victims of material disorders but the blessed children of infinite Love, eternally cared for and preserved.

NATHAN A. TALBOT

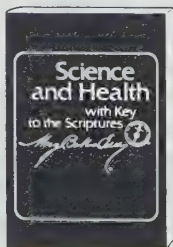
¹ I John 4:18; ² John 16:33; ³ *Science and Health*, p. 96; ⁴ Matt. 28:20.

The feeling that God can heal you

Men and women everywhere feel deep down
that it's true. God can heal. With the power
of Spirit. Without drugs.

Jesus knew this. He proved it, and so did his
early followers. They turned to God in prayer.
They yielded to the understanding of God's
presence and grace.

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to the Scriptures* by Mary Baker Eddy reveals new
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rules of spiritual healing he taught and lived.



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Testimonies of Christian Science Healing

I can attest to the healing efficacy of the statement, "Hold thought steadfastly to the enduring, the good, and the true, and you will bring these into your experience proportionably to their occupancy of your thoughts" (*Science and Health with Key to the Scriptures* by Mary Baker Eddy, p. 261). Adherence to this admonition gave me needed strength on a difficult hike. The statement was an inspiration to me again when I was faced with a frightening physical symptom.

A few years ago I was hiking in very mountainous country with my husband and teen-age daughter. Both of them are very strong hikers. We were making our way across country with no trail, following a creek in a deep, narrow canyon. Since there were no creek banks, we waded down the creek, climbing over large logs and boulders, and sliding down into pools of water. I soon felt I was not strong enough to keep up; and I had doubts about my ability to get back up the creek, pulling myself up and over the logs and boulders, and climbing out of the canyon to return to our car.

I thought, "This seems like an endurance contest." The word "endurance" reminded me of the above quotation. So I contemplated the qualities of lightness, strength, and vigor. I related strength and vitality to God, Mind, and disciplined myself to think of absolutely nothing else all day, as I kept going with the others. I declared those qualities to be part of my being, since man is the expression of the qualities of God. I completed the outing without

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

holding up the others and didn't experience stiffness or soreness afterward. This was proof to me of the effectiveness of holding "thought steadfastly to the enduring, the good, and the true."

Some time later, I was inspired by this proof as I worked out another problem, with the resolve to be as steadfast as I had been on that hike. I was alarmed one day to find a lump in one breast. It increased in size and became painful, so that it was uncomfortable to use one arm. Despite my prayers, the situation worsened, so I asked a Christian Science practitioner for treatment. She gently reassured me that even if the nature of an illness seems especially aggressive, it is really a false *mental* concept. As I accepted this fact, I became calm, because I knew that the solution was in my own thought, not something beyond my control. Any lingering doubt about the power of Christian Science to heal me vanished, and I looked upon this situation as an adventure in learning more of God.

I found as I stopped examining the physical evidence, and instead became more conscious of my spiritual nature and being, I not only was not tempted to look at the physical but I did not think of it. I knew it would drop from my experience. I discussed the problem with no one, so as not to rouse concern in another's thought. The only other person who knew about this was my husband. I appreciate his understanding of my desire to be healed in Christian Science, since he is not a Christian Scientist.

I studied "the scientific statement of being" found in *Science and Health*. The last lines read (p. 468): "Spirit is God, and man is His image and likeness. Therefore man is not material; he is spiritual." I reminded myself many times each day that "I am not material, I am spiritual." After about three months, I glimpsed the truth of that statement, and I knew I was well, even though the physical condition was unchanged. I was so inspired that for days I felt buoyed up and very joyous. I telephoned the practitioner and told her I was healed! We rejoiced together and agreed to keep praying together until all evidence vanished, which it did in another month.

To know that Christian Science is true, because it is provable, is the most wonderful thing in the world to me. Christian Science

makes it possible for us to fulfill the promise Christ Jesus made (John 14:12), "Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also."

(Mrs.) LUCIELLE V. BROWNELL
Grants Pass, Oregon



My first healing in Christian Science was a restoration to complete health after an accident had incapacitated me. My family and I were driving at dusk when a car hit ours and I was thrown out. I had concussion and other internal injuries.

After being under medical treatment for some weeks, I was taken to another city for treatment by a medical specialist. I was finally sent home with the statement that the doctors had done all they could for me.

I had always loved the Bible and studied it daily. This, I am sure, prepared me for my acceptance of Christian Science.

Several months later I was invited to attend a Wednesday evening testimony meeting in a Church of Christ, Scientist. That was the first time I had ever heard of Christian Science. After the meeting a woman spoke to me in such a kindly way that I asked her to tell me how the healings were accomplished through Christian Science. I told her of the accident and what the doctors had said. She replied, "In divine Mind accidents are unknown."

At that moment a great light came to me and I was healed. I felt reborn. The basis for the statement of the Christian Scientist is in *Science and Health* by Mrs. Eddy (p. 424): "Accidents are unknown to God, or immortal Mind, and we must leave the mortal basis of belief and unite with the one Mind, in order to change the notion of chance to the proper sense of God's unerring direction and thus bring out harmony.

"Under divine Providence there can be no accidents, since there is no room for imperfection in perfection."

At that time I began the study of Christian Science. A few months later I realized I was having difficulty remembering things. This failure of memory had been predicted by the doctor. Now

my remedy was at hand. I studied what Mrs. Eddy says (*ibid.*, p. 407): "No faculty of Mind is lost. In Science, all being is eternal, spiritual, perfect, harmonious in every action." The condition was overcome.

I do not have words to express what this healing has meant to me through the years. I have had other healings, and family problems and business problems have been solved. I am most grateful to have been a member of The Mother Church and of a branch church for over thirty years, for the opportunity of serving on committees, teaching in the Sunday School, and serving the Cause in other ways. Class instruction has been an added blessing. Existence would be meaningless without Christian Science to guide me. I am grateful to God for giving us the example of Christ Jesus, for Mrs. Eddy, and for those who work for this great Cause.

(Mrs.) VIRGINIA P. TRISSLER
Lancaster, Pennsylvania



I had testimonies of healing published in *The Christian Science Journal* in 1947 and in 1962. Another fifteen years have passed, and I wish again to express my gratitude.

Several years prior to 1971 my brother, who was a diabetic, became concerned about me, as he thought he saw signs of this disease appearing in me. He wanted to know what I was doing about it. I assured him that nothing like that was happening. I prayed for myself and then dismissed the subject. In 1971, when other symptoms of the condition began to appear, I was overcome with fear for myself. Then I realized that I could never accept this condition. I would have to have my healing in Christian Science.

I had treatment from a Christian Science practitioner off and on for short periods. At one time I became quite concerned, for I had been slowly losing weight—forty pounds in one year. I experienced loss of appetite and was only able to work for short periods. The practitioner reassured me of the spirituality I was gaining and pointed out that I could never lose good.

I had such a desire to know God better that I began really living

Christian Science—keeping my mind on true, spiritual facts of being. I studied the Bible and *Science and Health with Key to the Scriptures* by Mrs. Eddy and read all of the current Christian Science literature. I also read healing messages in the hymns in the *Christian Science Hymnal*. This freed me from fear, and I was regenerated both morally and physically. This regeneration eventually led to my healing.

I am grateful for this slow healing, as I have gained so much growth in spiritual understanding. I am also grateful to God for Christ Jesus, the Way-shower, and for Mrs. Eddy, who brought us this beautiful religion, which is healing the world.

ALLAN T. WINCHELL
Dana Point, California



Twenty-five years ago I was in a deplorable condition with many complaints. Stomach trouble, headaches, constipation, neuralgia, insomnia, loss of appetite, and a restless mental condition—all plagued me. I tried material medicine and all it offered, but when a doctor told me he had done all he could do for me, my despair was great. The unhappiness brought on by this led to the breaking up of my home, and I had two children to think about.

I went to a dear friend's home, and she told me I could find answers to my problems in Christian Science. She said I could learn of God and my true nature as His child, and it would help me. But I did not find the readiness in my heart at that time, and I went on suffering for an even longer time.

When my brother had a severe injury to his arm, so severe, in fact, that the doctors were recommending amputation, I called my friend in great alarm. From her I got the name of a Christian Science practitioner. I was so agitated about my brother's condition I promised the practitioner that if he could help, I would stop smoking. The answer from the practitioner was that we never have to bargain with God. He said I could do more to help if I stopped worrying and trusted God more; with God's help no amputation would be necessary.

The calming message and healing prayer of the practitioner

awakened *my* thought. The whole situation and outlook for the care of the damaged arm changed too, for in a few hours my brother was well. No amputation was necessary. While I was relieved and had a lighter sense in my heart from this wonderful blessing, I still was not fully grateful.

My friend went to a Christian Science lecture and gave my name to a mailing committee to receive a subscription to the *Sentinel*, this weekly magazine. At first my attention to the articles was spasmodic, but soon I caught the sincerity and gratitude of the writers, and I could not put the *Sentinels* down.

The alleviation of my own numerous problems began then, and I had treatment from a practitioner. What wonderful blessings began to unfold! The conditions that seemed so numerous and overwhelming faded out of consciousness as my trust in God grew. In trusting Him I learned of His capacity to care for and preserve all of His children. The stomach trouble began to lessen, and I found that as I digested more of the truth I was better fed. I could understand what I was reading and apply it. It was really Truth feeding me. The severe headaches left as the worry about my problems and about my brother left.

All of my functions regained normalcy as they were left more and more out of thought, and I recognized true control in the hands of Love. As I gave less thought and attention to eating, I was healed of the constipation. All sense of and belief in pain dissipated as I pondered more "the scientific statement of being" Mrs. Eddy has given to us in *Science and Health*. The statement begins (p. 468): "There is no life, truth, intelligence, nor substance in matter. All is infinite Mind and its infinite manifestation, for God is All-in-all." The understanding I gained taught me the powerful effect of denial of sensation in matter. The neuralgia left; I could rest more freely in the acknowledgment of God's control of all things, and the insomnia left. My nights were free and quiet. My appetite became normal, and I had a zest for living. My whole thinking began to clear as I knew my oneness with the divine Mind. All these plaguing limitations left me, and I have been permanently healed.

(Mrs.) DOROTHY M. CORDER STROH
Front Royal, Virginia

I have attended the Christian Science Sunday School ever since I was able and have experienced many healings. I would like to share one of these healings.

I went to bed early one night because my stomach felt a little bad. I finally decided to stop and realize that the ailment was just a suggestion of mortal mind. I kept that in my thought and prayed, "I am God's perfect child, I am spiritual."

After a few minutes of realizing this truth, I felt the most wonderful thing. It was like the bad feelings had been flushed out of me.

That was the first instantaneous healing of my life.

PETER WOLFF
Hendersonville, North Carolina



[Original in German]

As a child, I attended Sunday School in a branch Church of Christ, Scientist. The truths of Christian Science learned there stayed by me for some years, even when Christian Science was prohibited in our country. Then for a period Science slipped out of my conscious thought.

After the birth of our first child, I had a pelvic thrombosis. I had learned to walk again on crutches but was still quite weak and frequently plagued by overwhelming fear. I did not discuss this fear, but it determined my behavior, which was often incomprehensible to those close to me, and troubled my relationships.

At that time I received a letter from my grandmother reminding me of Christian Science. I did not waste a minute in turning to it because I knew it was the only way leading out of all that was oppressing me.

I wrote to a Christian Science practitioner and asked for treatment. She gave me to study, among other things, pages 393 and 394 in *Science and Health* by Mrs. Eddy. The following lines left the strongest impression on me (p. 393): "Take possession of your body, and govern its feeling and action. Rise in the strength of Spirit to resist all that is unlike good. God has made man capable

of this, and nothing can vitiate the ability and power divinely bestowed on man." I started to read the weekly Bible Lesson in the *Christian Science Quarterly*. Quite soon some of the fear disappeared; I was able to manage my household better, and the human relationships became more harmonious.

During my first visit to the practitioner, I mentioned that a number of doctors had said I was too weak to have another child and, after all that had happened, this would mean my death. The practitioner, unimpressed, replied, "It is good to have you mention this. We will pray about it."

Within a year our daughter was born at home. During my pregnancy I especially studied page 463 in *Science and Health*. This sentence was a great help to me: "A spiritual idea has not a single element of error, and this truth removes properly whatever is offensive." Everything progressed normally. I opposed the fear by speaking to myself in the second person: "You are none other than the loved child of God. You are here in His love." The fear disappeared instantly. The practitioner supported me the entire time. When I got up again several days after the birth, I was able to discard the long rubber stocking I had worn for one and a half years. Four years later our third child was born. Here I had the great joy of also having a Christian Science nurse attend me. A normal delivery was performed. In this it was proved that God and His goodness prevail, as I had glimpsed the moment I turned to Christian Science. I had been brought out of much fear and the resulting inharmonious consequences.

I am very grateful for the understanding and wise, ever-ready help of the practitioner and for the Christian Science nurse, who strengthened me through her confidence in God's control. I thank God for Christ Jesus' healing work and for Mrs. Eddy for her devoted life in giving Christian Science to mankind.

Some years after this experience my wish to be in the vicinity of a branch Church of Christ, Scientist, was fulfilled. I became a member of this church and am grateful to serve in it.

(Mrs.) HANNELORE BURWITZ
Delmenhorst, Federal Republic of Germany

Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

ENGLAND

DEVONSHIRE—Exeter: Priory High School, Earl Richard's Rd., 3 p.m., Sat., Sept. 17.‡ "Liberation Through Christ" (Anwandter)

DORSET—Ferndown: Gorsemoor Middle School, Church Rd., 8 p.m., Thurs., Sept. 8.‡ "Responding to the Word of God" (Anwandter)

Poole: Poole's Technical College, North Rd., Parkstone, 7.30 p.m., Fri., Sept. 9. "Liberation Through Christ" (Anwandter)

GREATER LONDON—Loughton (First, Chingford): Lopping Hall, 189 High Rd., 8 p.m., Tues., Sept. 13.‡ "Liberation Through Christ" (Anwandter)

ISLE OF WIGHT—Newport: Nodehill Middle School, 3 p.m., Sat., Sept. 10. "Liberation Through Christ" (Anwandter)

SHROPSHIRE—Shrewsbury: Music Hall, The Square, 7.30 p.m., Thurs., Sept. 15. "Responding to the Word of God" (Anwandter)

FEDERAL REPUBLIC OF GERMANY

Eberbach (Baden): Dr. Weisshalle, Neckarbrücke, 4 p.m., Sat., Sept. 17. In German. "The Divine Adventure" (Wyndham)

Freiburg (Breisgau): Kaisersaal, Kaufhaus am Münsterplatz, 4 p.m., Sun., Sept. 11. In German. "The Divine Adventure" (Wyndham)

Mannheim: Kunsthalle, 8 p.m., Fri., Sept. 16. In German. "The Divine Adventure" (Wyndham)

Reutlingen: Ferdinand-von-Steinbeis-Schule, 40 Karlstr., 7.30 p.m., Thurs., Sept. 15. In German. "The Divine Adventure" (Wyndham)

Wiesbaden: Museumssaal, 2 Friedrich-Ebert-Allee, facing Rhein-Main Halle, 7.30 p.m., Tues., Sept. 13. In German. "The Divine Adventure" (Wyndham)

PHILIPPINES

Pateros: Church, M. Almeda St., Metro-Manila, 8 p.m., Mon., Sept. 26. "God's Care for Man" (Heard)

AUSTRALIA

QUEENSLAND—Brisbane (Third): Her Majesty's Theatre, Queen St., 1 p.m., Thurs., Oct. 13. "Use Your Spiritual Power" (Henderson)

VICTORIA—Melbourne (First): Church, 336 St. Kilda Rd., 8.15 p.m., Tues., Oct. 11.‡ "Justice Under God's Care" (Henderson)

UNITED STATES

(Week of August 28 to September 3 and some earlier dates)

FLORIDA—Miami (joint lecture): O.M.N.I. International, 1601 Biscayne Blvd., 12 m. and 8 p.m., Thurs., Sept. 1.‡ In English. Spanish translation by earphones simultaneously. "No, You're Not Trapped!" (Leever)

Orlando: Kahler Plaza, 151 E. Washington, 8 p.m., Tues., Aug. 30.‡ "No, You're Not Trapped!" (Leever)

MASSACHUSETTS—Fall River: Church, 551 Rock St., 2 p.m., Sat., Aug. 27. "The Life That Is Worth Living" (Henniker-Heaton)

Gloucester: Masonic Temple, 29 Eastern Ave. (Exit 10 from Rte. 128), 7.30 p.m., Sun., Aug. 28.‡ "The Life That Is Worth Living" (Henniker-Heaton)

MINNESOTA—Minneapolis (Third): Church, 42d St. and Xerxes, 3 p.m., Sat., Aug. 27.‡ "Reality: Matter or Mind?" (Ferris)

MONTANA—Billings: Church, 7 Burlington Ave., 8 p.m., Thurs., Sept. 1.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

Missoula: Church, 138 E. Pine St., 8 p.m., Tues., Aug. 30.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

OREGON—Portland (Sixth): Washington Park, head of S.W. Park Place, 3 p.m., Sun., Aug. 28. "No, You're Not Trapped!" (Leever)

PENNSYLVANIA—Franklin: City Park, South Park and Liberty St., 7.30 p.m., Mon., Aug. 29.‡ "No, You're Not Trapped!" (Leever)

VERMONT—Springfield: Church, 90 Main St., 7.30 p.m., Mon., Aug. 29.‡ "The Life That Is Worth Living" (Henniker-Heaton)

WASHINGTON—Anacortes: Church, Eighth and K, 3 p.m., Sat., Aug. 27. "Honesty—The Power of Its Deeper Dimension" (Rennie)

Mercer Island: Church, Island Crest Way and S.E. 47th St., 3 p.m., Sun., Aug. 28.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

SUBMITTING TESTIMONIES

Convincing testimonies of healing in Christian Science are welcomed for publication from members of The Mother Church and from students who are not members. If possible, they should be typed, triple spaced, on one side of the paper only and with wide margins. A testimony should be concise and include only the important points necessary to tell of the healings. Thus more testimonies can be published. Testimonies should be signed by the testifier and verified by three members of The Mother Church who can vouch for the integrity of the testifier or have witnessed the healings. If the testifier is unacquainted with three members, his affidavit may be sufficient, but in this case he should, if possible, obtain verification from one or two members. The testifier should submit the verifications with the testimony. Complete addresses of the testifier and his vouchers should be furnished.

All contributions accepted for publication become the sole property of The Christian Science Publishing Society.

Testimonies should be addressed to The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115.

CONTRIBUTIONS

Contributions are most gratefully accepted by The Mother Church Treasurer from members and friends for the following funds:

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WHEN YOU'RE TWELVE, YOU CAN JOIN

Mary Baker Eddy, the Discoverer and Founder of Christian Science, deeply appreciated young people—their joy, their abilities, their love. She provided for membership in The Mother Church for young people twelve and over.

You are warmly invited to apply for membership at any time. Applications are acted on twice each year—in June (applications due by May 1) and in November (applications due by October 1).

You may obtain an application from any Christian Science Reading Room, branch church or society, from a member of The Mother Church, or from a Christian Science practitioner listed in *The Christian Science Journal*. Or you may write directly to the Clerk of The Mother Church, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

TESTIMONY MEETINGS

Meetings at which testimonies of Christian Science healing are given are held in Christian Science churches on Wednesdays. A cordial invitation to attend these meetings, as well as the Sunday services, is extended to all. Information telling where and when these are held is given in the *Directory* in *The Christian Science Journal*.

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1875-1882 *Lynn, Massachusetts*—12 Broad Street, where Mrs. Eddy completed her manuscript for *Science and Health with Key to the Scriptures*. It was while living here that Mrs. Eddy initiated many foundational steps in establishing the Christian Science movement. These include the formation of the Christian Scientist Association; the Church of Christ, Scientist; the Massachusetts Metaphysical College. Here also Mrs. Eddy was ordained as Pastor of her Church.

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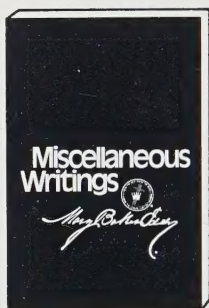
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